

Gosforth C of E Primary School Curriculum Statement for PE



Intent

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect. At Gosforth C of E Primary School, our aim is to ensure all children enjoy and are engaged in PE and Sport.

Aims

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

Implementation

Each child receives two hours of curriculum PE time on a weekly basis which is carefully planned and mapped out using iPep to ensure a broad and full range of skills and activities. These sessions are either delivered by specialist coaches or class teachers during PE lessons. Pupils in KS1 are given ample opportunities to develop their fundamental movement skills and extend their agility, balance and coordination. They engage in competitive and cooperative physical activities through games, dance and gymnastics. In KS2, pupils continue to apply and develop a broader range of skills such as running, jumping, throwing and catching. These skills are incorporated into competitive games, performances using movement patterns and evaluations of their own and others' work. Pupils communicate and collaborate with each other and develop an understanding of how to improve in physical activities. There are many opportunities across the year for children to take part in inter and intra school competitions, as well as festivals, where children's successes in sports are celebrated. Children in Years 1 and 2 attend swimming lessons at a local swimming pool where they are taught to swim competently, confidently and proficiently over a distance of 25m using a range of strokes. In addition to PE in curriculum time, we also strive to provide opportunities for children to access extracurricular physical activity through a wide range of sporting and active clubs such as: Tag rugby, basketball, multi sports, rounders, dance, hockey and football. We also encourage active playtimes through the use of playleaders who receive appropriate training for the role.

Impact

All children at Gosforth receive a broad and balanced PE curriculum regardless of year group or ability. Every child accesses all of the key areas of the subject on offer at our school. Teachers plan PE using iPep with clear progression of skills and knowledge that we have devised as part of our curriculum offer to ensure that all children access it at an age-appropriate level. Festivals and competitions ensure all of our children have the opportunity to take part in a range of sports both in and outside of school whether that be at a competitive or non-competitive level. In 2018/19 we achieved the School Games Gold Award.